WEDNESDAY, October 28th

9:00 am – 5:00 pm

TITLE: TRANSITIONS IN PEDIATRIC PALLIATIVE CARE

- **Presentation Type:** Satellite Session – Pediatric Palliative Care

  Keynote speaker: Stephen Liben

TITLE: PEDIATRIC PALLIATIVE CARE IN KENYA: FROM THEORY TO ACTION

Speaker:

- **Zipporah Ali,** MD, MPH, DipPallCare, HonDUiv, Executive Director Kenya Hospices and Palliative Care Association (KEHPCA)

Description: Brief on the UNICEF/ICPCN study on 3 counties in Africa

  Showcase/ share on pediatric palliative care programs in Kenya,

  Highlight successes and challenges.

  What can we learn from each other? (North to South, South to North)

TITLE: PACT COMMUNITY OUTREACH NP: BRIDGING THE GAP

Speaker(s):
Description: SickKids’ Paediatric Advanced Care Team (PACT) has partnered with Toronto Central Community Care Access Center (CCAC), Emily’s House, and other community providers to enhance the palliative care services available for children and their families. As part of this initiative, SickKids has hired a Nurse Practitioner (NP) to provide expertise, consultation, education, and support to the providers delivering paediatric palliative care services in the community.

The NP will have 3 main functions: (1) helping to create smooth transitions from hospital to home/hospice for EOL care; (2) help address issues in the community by working alongside the local healthcare providers; and (3) provide the day-to-day care of patients admitted to Emily’s House for EOL care.

This NP role will start April 1 2015 for a 1-year pilot project. The impact of the role will be examined and enhanced throughout the project through feedback and evaluation of the effectiveness of this role.

Objectives of the presentation:

- Outline purpose behind creating the role
- Review the 4 core evaluation themes
- Highlight preliminary findings of the impact the role has had in transitioning children from hospital to their community (home, hospital or hospice) for end-of-life care

Title: WHEN THE MEDICALLY COMPLEX CHILD TRANSITIONS TO END-OF-LIFE: UNIQUE NEEDS, UNIQUE PRACTICE

Speaker(s):

- Lisa Pearlman RN(EC), MN ACNP, NP-Paed, Paediatric Symptom Management & Supportive Care, Children’s Hospital London Health Sciences Centre
- Melissa Rossoni MD, PGY3, Department of Paediatrics, Western University
- Rebecca Williams, RN(EC) MN, NP-Paed, Paediatric Advanced Care Team, The Hospital for Sick Children

Description: There is an increasing prevalence of children with complex chronic conditions (CCC) referred to specialty paediatric palliative care services (PPCS) for the purposes of optimizing quality of life, advance care planning, decision making support, facilitating complex case management and discharge planning. These children often present with diverse static encephalopathies, neurogenetic, neuromuscular and/or neurodegenerative illnesses that involve either one or several organ systems. A
high percentage of these children are technology dependent and require one or more medical devices to replace or support the loss of bodily function. Many children with CCC may require years of nursing support in the home by multiple caregivers.

Predicting outcome is most challenging for these patients; it is not uncommon for children with CCC to have histories of “bouncing back” from the “brink of death” on one or more occasions. PPCS frequently follow and support these children and their families for months to years. The pain and symptom burden of children with CCC is equally unpredictable and complex as this patient population transitions to end-of-life (EOL). As practitioners, we are further challenged by a paucity of evidence to guide assessment and management during this transition. The objectives of this presentation are:

1. Illuminate the unique pain and symptom burden of the child with CCC at EOL.
2. Share cases and lessons learned from children with CCC who have demonstrated significant unpredictability in their transition to EOL.
3. Present family centered strategies to mediate and manage the uncertainty of the transition to EOL.
4. To engage participants in brainstorming a research question for study related to the transition of children from chronic illness to EOL.

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**TITLE:** KIDLIST – A MOBILE APP TO HELP PEDIATRIC PALLIATIVE CARE TEAMS STAY ON TOP OF THEIR PATIENTS.

**Speaker:**
- Adam Rapoport MD, FRCP, MHSc*, Paediatric Advanced Care Team, The Hospital for Sick Children

**Description:** KidList is a software application that was developed by the Paediatric Advanced Care Team at SickKids to improve patient care and team communication. KidList provides clinicians with all essential patient information at their fingertips, facilitates handover of outstanding tasks between team members, and assists with physician billing.

**Objectives:**
- To explain the circumstances that lead to the development and creation of KidList
- To demonstrate the functionality of KidList

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**TITLE:** TRAINING TO SUPPORT COMMUNITY OWNERSHIP OF A CHILD’S PEDIATRIC PALLIATIVE CARE.

**Speaker:**
- Janet Forsyth, Community Organiser, Le Phare Enfants et Familles, Montreal, QC
**Description:** Hospital curative and research mandates provide few incentives for identifying children for PPC. A community’s natural protectiveness toward its children might provide more compelling incentives. Widger’s (2007) estimated low rate of identification in hospitals could be boosted through tweaks to evaluation processes at six points in the illness trajectory in which children transit through local services. A shrewd Quebec region provides keys for success through a relaxed and resource-saving approach. In addition, the general context of supporting community ownership of a child’s PPC care through clinical & non-clinical tools and training will be discussed. Breaches in continuity between tertiary care and local support impact heavily on families’ access to services, hindering efforts to improve on provincial statistical trends in care. An Internet-based approach funded by the Quebec Ministry of Health provides PPC training and tools to local care providers, community services and family networks, to seat responsibility for a child within the community where he or she resides.

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**TITLE:** TRANSITIONS IN GRIEF: THE ALBERTA CHILDREN’S HOSPITAL GRIEF SUPPORT PROGRAM

**Speaker(s):** Dr. Marli Robertson, Megan Miller, MSW

**Description:**

This presentation will offer a descriptive review of the ACH, CHAPS Grief Support Program, highlighting the grief support that is offered throughout the spectrum of transitions, from diagnosis, throughout illness to bereavement.

The objectives of the presentation include:

- Expand knowledge about a comprehensive grief support program that is offered within the ACH -Children’s Hospice and Palliative Care Service, including grief support offered from diagnosis to palliation to bereavement for all children who die (not just those receiving palliative care services).
- Review the unpublished data from the study “Who are the families and Which Services are they Accessing from the ACH, CHAPS Grief Support Program: A 5 Year Retrospective Descriptive Study 2008-2012.
- Discuss gaps in the literature around documented standard of care within bereavement programs.

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**TITLE:** TRANSITION TO ADULT SERVICES BY YOUTH WITH LIFE-THREATENING CONDITIONS

**Speaker:** Kimberley Widger, Helen Kerr
Description:
Pediatric life-threatening conditions (LTC) are those for which there is "a likelihood of death before adulthood". However, with advances in technology some of these children are living longer than expected and now need to transition from children's to adult health services. We will share results of a survey conducted with health professionals from SickKids, Holland Bloorview, and Emily's House Hospice about the current practices, needs, and facilitators and barriers to transition of youth with LTC from children's to adult services. Survey results will be compared with a similar survey conducted in Ireland and recommendations for future service delivery will be provided.

TITLE: FIGHTING HARD... THE UNIQUE CARE OF PALLIATIVE ONCOLOGY ADOLESCENTS

Speaker: Andrea Johnson, MSW, RSW (Counselor- Canuck Place Children's Hospice)

Description:
The care of adolescents with cancer can often bring challenges to pediatric palliative care teams. Adolescents with cancer are a unique patient population with distinct needs in comparison to other oncology patient populations and their transition to palliative care can be quite tumultuous for the patient, family and often for the staff caring for them.

Although the needs of adolescents with cancer have received increasing attention internationally, there remains a dearth of research guiding the unique care of this population throughout the cancer trajectory. Specifically, when palliative, there remains much uncertainty regarding how to best support and navigate adolescents through complex and often difficult care issues. The intersection of their developmental stage and disease often results in a complex experience for this group of patients and it is essential to examine their unique psychosocial care needs in efforts to best care for them.

Goals of this presentation include:

- Rationale for the unique care of palliative oncology adolescents and understanding what makes them unique
- Contextualization of the experiences of adolescents with cancer (supported by video footage of the voices of adolescent oncology patients)
- Discussion of the psychosocial impact of cancer diagnosis- and becoming palliative
- Presentation/discussion of the unique practice issues with this population. Examples include: clinical distress of adolescents with cancer, truth-telling, staff discomfort.

It is hoped that this presentation will provide both context and specific practice strategies regarding the care and support of palliative adolescents with cancer.
TITLE: CHEO AND ROGER’S HOUSE PERINATAL LOSS SUPPORT GROUP: A JOINT INITIATIVE FOR BEREAVED PARENTS

Speaker: Carol Chevalier, RSW, MSW

TITLE: SOCIAL MEDIA AND PEDIATRIC PALLIATIVE CARE

Speaker: Susan Cadell, Mary Ellen Macdonald

Description:
Social media now surrounds us. What relevance does it have for pediatric palliative care? This workshop will discuss social media tools (and generate a list of those that you use already).

Objectives:
- To provide a review the recent research on the use of social media in PPC (by health care providers, researchers, patients and families)
- To discuss the potential of social media for research, delivery of care, and patient and family support
- To discuss ethical issues that accompany the use of social media tools
- To share social media tools and demonstrate sign up and use of Facebook, Twitter, etc.

TITLE: SIBLING PANEL: THE EXPERIENCE OF HAVING AN ILL SIBLING

Speaker: Kathryn Brooks, Recreation Therapist

9:00 am – 5:00 pm

TITLE: MOBILIZING YOUR COMPASSIONATE COMMUNITY

Presentation Type: Satellite Session – Pallium Canada hosted

Speaker(s):
- Dr. Emilio Herrera Molina: Head of the Scientific Advisory Committee, NewHealth Foundation. Spain
- Dr. Mary Lou Kelley, Professor, School of Social Work & Northern Ontario School of Medicine, Lakehead University, Thunder Bay, Canada
Description: This day will engage participants in exciting opportunities to - Conceptualize, Contextualize, Celebrate and prepare to Mobilize tenants of A Compassionate Community model adapted to Canadian realities. We will network with like-minded visionaries, illuminate local projects with a National audience, and begin to craft a blueprint to build and support a broader compassionate community.

Learning Objectives:

- Introduce the Concept of Compassionate Communities.
- Contextualize Compassionate Communities to Canadian realities.
- Celebrate local initiatives that illuminate Compassionate Communities.
- Consider how to expand insights and supports to grow Compassionate Communities across Canada.

THURSDAY, October 29th

8:30 am – 12:30 pm

TITLE: NURSING ROLES, RESPONSIBILITIES AND LICENSURE-SPECIFIC COMPETENCIES IN HOSPICE PALLIATIVE CARE

- Presentation Type: Satellite Session – Nurses Standards

Speaker(s): TBD
Description: The Canadian Hospice Palliative Care Nurses Group (CHPC NG) is accountable to represent and advocate for Canadian hospice palliative care nurses practicing across the care continuum in different roles and often with distinctive licensure (i.e., LPN/RPN, RN/CNS and NP).

This nursing symposium will bring professional nurses together in small groups to review relevant documentation (e.g., CASN PEOLC Entry-to-Practice Competencies) and provincial legislation (i.e., Health Professions Acts). The purpose of the symposium will be to build consensus related to competency-based role descriptions that align with license-specific scopes of practice.

CHPC NG executive will draw on their practice, leadership, and facilitation expertise to lead a discussion around the differences and similarities between competency and scope of practice. This discussion will be a primer for subsequent small group work that will leave participants with nursing role descriptions that will set the direction for a program of continuing nursing education, to be offered by the CHPC Nurses Group beginning in 2015.

Symposium Objectives:

1. Establish a national partnership and conversation between and among RPN/LPNs, RN/CNSs, and NPs practicing in hospice palliative care.
2. Develop a set of competency-based role descriptions for each class of professional nurse practicing in Canadian hospice palliative care.

Learning Objectives:

- Participate in an inquiry-based approach to the development of professional role descriptions for nurses working with people in end of life contexts, across Canada.
- Develop role descriptions for each class of hospice palliative care nurse that are competency-based and rooted in the spirit of collaborative practice.

8:30 am – 12:30 pm

TITLE: SCOPING OUT SOCIAL WORK CURRICULUM IN HOSPICE PALLIATIVE CARE

➢ Presentation Type: Satellite Session – Social Workers

Speaker(s):

- Dr. Susan Cadell, Professor & Director, School of Social Work, Renison University College, Waterloo, ON Canada,
- Patrick Durivage, Msc, Social worker and coordinator of a leading practice in community palliative care for seniors at CSSS Cavendish-CAU,
• Zelda Freitas, Social worker and Clinical Supervisor; member of the Council on Palliative Care,
• Wendy Wainwright

Description: In 2011 the SCOPE working group completed a hospice palliative care curriculum that can be used in Schools of Social Work and for advance training. To date this curriculum hasn't found its way into many schools or training so please come and be part of the solution. This four hour satellite sponsored by the Canadian Hospice Palliative Care Association will look at the curriculum and discuss roll out ideas.

Learning Objectives:

• Participate in group training to develop ideas for assimilating the SCOPE curriculum in hospice palliative care education.
• Learn about the SCOPE curriculum and learning modules.

8:30 am – 12:30 pm

TITLE: PALLIATIVE CARE AND END OF LIFE CARE AT HOME ... WHEN HOME IS A LONG TERM CARE FACILITY

➢ Presentation Type: Satellite Session – Long Term Care

Speaker(s):

• Maryse Bouvette, APN MEd CON (C ) CHPCN (C )
• Jill Rice

Description: Long term care facilities represent an important part of the continuum of care for the elderly population. With the aging population the number of Canadians who die in Long term care is expected to increase. Thus, health care professionals have to look at strategies to improve the Delivery of Palliative Care in this setting, including access to specialized Palliative Care expertise as required. This presentation will share some strategies being explored to better integrate the palliative care philosophy and related expertise into these institutions using evidence-based approaches and customized education programs. The participants will be invited to provide feedback on these strategies to further promote their development, and share their own experiences. Some clinical pearls which highlight the unique features of Palliative Care for the elderly will also be shared.

Learning Objectives:

• Participants will learn new strategies being explored for care for the elderly.
• Learn how hospice palliative care is being integrated into already existing care.
• Learn how to better deliver care to the elderly at home and in long term care centres.
8:30 am – 12:30 pm

**TITLE:** IDENTIFICATION OF FRAILTY: A GATEWAY TO OPEN END OF LIFE DISCUSSIONS

*Presentation Type:* Satellite Session – TVN Research

**Speaker(s):**
- Dr. John Muscedere, MD, FRCPC, TVN Scientific Director
- Dr. James Downar, BSc, MD(CM), MHSc, FRCPC, University Health Network
- Dr. Rob Fowler, MDCM, MSc, Sunnybrook Research Institute
- Dr. Francis Lau, PhD, MBA, MSc, University of Victoria
- Dr. John You, MD, FRCPC, McMaster University
- Dr. Melissa Andrew, MD, MSc (PH), FRCPC, Dalhousie University

**Description:** Measurement of frailty in the elderly can be helpful in identifying the most appropriate type of care, and care setting, provided to elderly patients. It has also been suggested early identification of frailty can inform patients, and both formal and informal caregivers, on therapeutic options and treatment decisions, including those for acute care, restorative care, advance care planning and appropriate end-of-life care.

**Learning outcomes:**
- To understand the concept of frailty in the elderly and how it pertains to outcomes.
- To explore how frailty can be identified and how it can be used to determine care and treatment options.
- To understand how the identification of frailty can inform end-of-life discussions and advance care planning.

1:00 pm – 4:00 pm

**INTEREST GROUPS**

- **Interest Group #1:** Rural and Remote Issues
- **Interest Group #2:** CHPC Nurses Group
- **Interest Group #3:** Social Work
- **Interest Group #4:** Aboriginal Issues
- **Interest Group #5:** Long Term Care/Continuing Care
- **Interest Group #6:** Volunteer Issues
4:00 pm – 5:00 pm

BOARD MEET AND GREET

5:00 pm – 5:30 pm

OPENING CEREMONIES AND AWARDS

5:30 pm – 6:30 pm

TITLE: THE PATIENTS WILL SEE YOU NOW, ARE YOU READY?

- Presentation Type: Plenary

Speaker(s):
- Hugh MacLeod

Description: Mark Twain said, “You can't depend on your eyes when your imagination is out of focus”. From a patient perspective: this is our health system, we are shareholders, we pay for it through taxes and we want it to be safe and reliable.

Today's healthcare leaders must not only lead well, but also lead differently. That means accepting a shift in the drivers of the health system from care providers to consumers, from hospitals to primary care, home care, community care and a shift from emphasis on downstream acute care to upstream prevention and wellness.

Learning Objectives:

- Participant will learn how healthcare has shifted over the years, including topics of prevention and wellness.
- Develop skills to better work with patients receiving all types of care.

6:30 pm – 9:00 pm

COCKTAIL RECEPTION AND OPENING OF EXHIBITS AND POSTERS
FRIDAY, October 30th

7:30 am – 8:15 am

BREAKFAST

8:30 am – 9:45 am

TITLE: NOT A FINGERPRINT LEFT: STAFF GRIEF AND DEMENTIA

➤ Presentation Type: Plenary

Speaker(s):

- Mary Schulz, Director, Information, Support Services and Education, Alzheimer Society of Canada

Description: Healthcare providers working with people with dementia often experience a profound sense of grief when the person they support dies or moves to an alternate level of care. While we understand that attending to staff grief will lead to improved quality and consistency of care, increased staff retention, higher staff morale and cohesiveness, few initiatives exist to address their grief and loss.

Learning Objectives:

1. Learn useful strategies that organizations, such as community agencies and long-term care homes, can implement to support staff in coping with loss and grief in the workplace.
2. Acquire positive self-care strategies and tips to help staff members maintain physical and mental well-being.
3. Renew or strengthen their commitment to continue providing person-centred care.

9:45 am – 10:15 am
10:15 am – 11:45 am

**TITLE:** CAN WE TALK?

➤ **Presentation Type:** Challenge Panel – Advance Care Planning

**Speaker(s):**

- Louise Hanvey
- Jeanne Desveaux, BA, LLB
- John Laframboise, Funeral Director, CFSP
- Judy Nairn, Executive Director Hospice Waterloo Region
- Dr. Amy D’Aprix, MSW, PhD, CSA

**Description:** We all know - and most Canadians agree - that advance care planning discussions work best when we are healthy and can make important decisions about our future health decisions. But we also know that 48% of Canadians worry about upsetting their loved ones and 40% are ‘creeped’ out by these conversations. What would happen if we 'normalized' the conversation and integrated it into other family and lifestyle matters? This Challenge Panel will feature a financial planner, lawyer, funeral planner and health care provider, and will explore challenges and opportunities for integrating advance care planning into other service sectors.

**Learning Objectives:**

- Participants will learn how to discuss advance care planning with patients in all aspects.
- Develop skills that will help overcome common issues regarding advance care planning.

10:15 am – 11:45 am

**TITLE:** EAST MEETS WEST – TWO PROVINCES MAKING A PALLIATIVE APPROACH A REALITY OR TWO PATHS TO SUCCESS; INTEGRATING A PALLIATIVE APPROACH

➤ **Presentation Type:** Challenge Panel – Integration and the palliative approach
Description: Imagine a new reality .... An integrated palliative approach to care. This panel will introduce the *National Framework*, elaborate on the principles for moving toward a palliative approach and why was this important to do nationally. The two provinces, Alberta and PEI will describe the provincial context "pain point" or pressure to move forward including the case for support. How and where did you get started and what did you do? How did they create a culture shift and where are they on their journey now.

Learning Objectives:

- Learn common issues related to integrated care.
- Develop skills to create a plan to integrate hospice palliative care into current health care settings.

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**10:15 am – 11:45 am**

**TITLE: CLOSING THE GAPS IN PALLIATIVE CARE SERVICES IN FIRST NATIONS COMMUNITIES**

- **Presentation Type:** Challenge Panel – First Nations Issues

**Speaker(s):**

- **Luanne Maki**, Fort William First Nation
- **Lori Monture**, Six Nations of the Grand River Territory
- **Maxine Crow**, Naotkamegwanning First Nation
- **Jeroline Smith**, Peguis First Nation
- **Moderated by:** **Mary Lou Kelley**

Description: Four First Nations communities describe the process of developing a local palliative care program and team based on the principles of community capacity development, equity and social justice. This presentation advocates for improved palliative care in First Nations communities using narratives from community experiences to illustrate how an integrated approach can address gaps in palliative care services in First Nations communities and improve quality of life for First Nations people who are dying and their families.

Learning Objectives:
- Participants will learn the challenges associated with creating a new care plan.
- Identify and fill gaps in palliative care services focused on First Nations communities.

11:45 am – 1:00 pm

LUNCH AND SITE VISITS

1:00 pm – 2:30 pm

*Note: This time slot contains 4 x 20 minute oral presentations*

**TITLE:** HOUSING CHALLENGES IN PALLIATING PATIENTS WITH MAJOR MENTAL HEALTH COMORBIDITY.

- **Presentation Type:** Oral

**Speaker(s):** Julia Appleton

**Description:** This presentation will provide a visual depiction of the challenges that palliative patients with mental health comorbidity face in housing that is geared to providing structure and behavioral rules. Under the Edmonton Symptom Assessment System (ESAS) domains such as pain, fatigue and the social injustice the patients face will become apparent.

**TITLE:** PALLIATIVE NEEDS OF AN INNER CITY POPULATION IN THE SETTING OF A COMMUNITY-BASED MODEL OF PALLIATIVE CARE DELIVERY

- **Presentation Type:** Oral

**Speaker:** Jenny Lau

**Description:** People from inner city neighborhoods have a significantly higher risk of dying at a young age compared to the general population. The etiologies of death of a cohort of inner city patients were examined to assess whether there is a need to increase palliative care interventions for this marginalized population. The findings demonstrate that this marginalized population is dying at a relatively young age from primarily preventable causes, reflecting need for change and improvement to current practices at the levels of prevention, acute and chronic management, and palliative care.
TITLE: BARRIERS TO PALLIATIVE CARE: LESSONS FROM A SCOPING REVIEW OF PALLIATIVE CARE IN PRISON SETTINGS

- Presentation Type: Oral

Speaker(s): Lorraine Holtslander, Tina Dadgostari

Description: The results of a scoping review addressing palliative care in prison settings will be presented. Challenges and opportunities will be addressed by exploring the priority issues identified which includes caring versus custody, DNR orders, compassionate release, pain control, costs and correctional health care vs. care in the free world.

TITLE: CHRONIC PALLIATIVE CARE FOR THE HOMELESS-REDUCING THE CHALLENGES IN DIFFICULT LIVES

- Presentation Type: Oral

Speaker(s): Wendy Muckle, Wen Lin

Description: Success in providing health care to the homeless has reduced preventable death from infectious disease, mental illness and trauma. As formerly homeless people live longer, the impact of years of poverty and homelessness are evident in the co-morbidities of chronic diseases which impose suffering on their last years of life. Ottawa Inner City Health has embarked on a major enhancement to their palliative care services to the homeless to bring the benefits of chronic palliative care to their patients. This workshop will outline our efforts to implement a systematic approach to identifying patients who will benefit from chronic palliative care and our strategies to enhance the quality and availability of care.

1:00 pm – 2:30 pm

Note: This time slot contains 4 x 20 minute oral presentations

TITLE: AN EVIDENCE BASED APPROACH TO SUPPORTING STAFF WITH GRIEF

- Presentation Type: Oral

Speaker(s): Vicki Lejambe

Description: This presentation will share the final results found in a study which was focused on better understanding the grief experiences of home health care workers caring for palliative care clients who
have died. While similar work has been done with health care workers in acute care and long-term care settings, little was known about the home care setting. Using video interviews and focus groups, this study documented home health care workers’ experiences with grief and their expectations related to employer and co-worker support. Based on this work, the organizations strategies to support front line workers with grief will be shared with the hope of being applicable in a variety of other health care settings.

**TITLE:** STORYING RELATIONSHIPS AND THE ART OF BEING PRESENT AT END OF LIFE: A DIALOGICAL NARRATIVE INQUIRY WITH PALLIATIVE CARE NURSES

- **Presentation Type:** Oral
- **Speaker:** Lacie White
- **Description:** Informed by the theoretical perspectives of sociologist Arthur Frank, a dialogical narrative inquiry will be introduced as a valuable methodology to explore palliative care nursing practice. Ways in which to maintain focus on stories throughout methods of data collection, analysis and (re)presentation of the research will be discussed.

**TITLE:** DEVELOPMENT AND EVALUATION OF THE PALLIATIVE CARE NURSING-JOB DEMANDS (PCN-JD) SCALE AND THE PALLIATIVE CARE NURSING-JOB RESOURCES (PCN-JR) SCALE

- **Presentation Type:** Oral
- **Speaker:** Kelly Penz
- **Description:** Quantifying the measurable demands and resources inherent in palliative nursing practice has the potential to inform research exploring the professional quality of life of these nurses. This study explores the development and psychometric evaluation of the Palliative Care Nursing-Job Demands (PCN-JD) Scale and Palliative Care Nursing-Job Resources (PCN-JR) Scale.

**TITLE:** 24/7 ON-CALL PALLIATIVE PHYSICIAN PHONE SUPPORT FOR ADULT AND PEDIATRIC PRIMARY CARE SERVICE PROVIDERS / PRACTITIONERS PATIENTS AND FAMILIES ACROSS ALBERTA

- **Presentation Type:** Oral
Speaker: Michelle Peterson Fraser

Description: The overall goal of spreading 24/7 palliative phone support to clinicians, patients and families is to support local community care teams in giving Albertans quality care within the community setting, avoiding unnecessary use of the acute care systems, ultimately meeting the goals of PEOLC patients and families across Alberta.

The goals of the initiative are to:

- Support both pediatric and adult primary care practitioners and other providers within the community.
- Reduce the burden on acute care facilities.
- Increase the percentage of people dying at home.
- Build capacity as knowledge and skills are transferred to local practitioners where access to PEOLC consultation support was previously limited.

1:00 pm – 2:30 pm

Note: This time slot contains 3 x 30 minute oral presentations

**TITLE:** PERSPECTIVES OF PALLIATIVE CARE PHYSICIANS ON THE DECRIMINALIZATION OF EUTHANASIA WITHIN THEIR OWN INSTITUTIONS: AN EXPLORATORY QUALITATIVE STUDY

- **Presentation Type:** Oral
- **Speaker:** Anna Towers

Description: Quebec’s Bill 52 mandates medical aid in dying (euthanasia) as an end-of-life intervention to which citizens of Quebec have a right. This qualitative research explored the professional conscience of palliative care physicians and the implications of euthanasia for the professional conscience of palliative medicine post-decriminalization.

**TITLE:** FROM RESEARCH TO ACTION AND PUBLIC DISCOURSE - LET'S TALK ABOUT PALLIATIVE CARE IN QUEBEC

- **Presentation Type:** Oral
- **Speaker(s):** Marie-Anne Laramée, Mélanie Champagne
Description: A comprehensive overview of the journey of Canadian Cancer Society– Quebec Division, from research to advocating for better palliative care. The presentation will focus on personal messages sent by citizens to decision makers through the CCS campaign and on their relation with the qualitative research results.

TITLE: PALLIATIVE CARE AND MEDICAL AID IN DYING: WHAT CANADIANS SHOULD KNOW ABOUT THE QUÉBEC INITIATIVE

- Presentation Type: Oral

Speaker: Pierre Deschamps

Description: In June 2014, the Québec legislator adopted an Act respecting end-of-life care. The Act introduces in the realm of end-of-life care a new type of care called medical aid in dying, an act by which a physician is authorized by law to put an end to a patient’s suffering by ending his or her life. This presentation explores two hidden aspects of this legislative innovation: the fact that alleviating a person’s suffering in an end-of-life situation by putting an end to that person’s life is not a sign of social progress but a symptom of moral decay – philosophical perspective – and the fact that killing a human being is not natural and can be the source of immense suffering on the part of families and healthcare staff – psychological perspective.

1:00 pm – 2:30 pm

Note: This time slot contains 4 x 20 minute oral presentations

TITLE: ATTITUDES OF CANCER CARE PROFESSIONALS TOWARD SYSTEMATIC SYMPTOM ASSESSMENT AND MANAGEMENT: RESULTS FROM AN ONTARIO-WIDE STUDY

- Presentation Type: Oral

Speaker(s): Christopher Klinger, José Pereira

Description: Evidence suggests that the use of systematic, standardized approaches to symptom screening is associated with improved symptom management. This Ontario-wide exploratory mixed-methods study elicited the attitude of cancer care professionals in this regard alongside the degree to which they were acquainted with Cancer Care Ontario’s (CCO) Symptom Management Guides.

TITLE: VALIDATION OF AN ADAPTED VERSION OF THE PALLIATIVE PROGNOSTIC INDEX (PPI) IN A COMMUNITY PALLIATIVE CARE SERVICE
Presentation Type: Oral

Speaker(s): Golda Tradounsky, Judith Marchessault

Description: Prognostic indices are useful in determining resource allocation and suitability for palliative admission. We will present a study on 150 patients that involved tailoring and validation of the Palliative Prognostic Index in patients referred for palliative admission to a community hospital-based palliative care unit.

TITLE: COMPARATIVE SURVEY ANALYSIS OF HEMODIALYSIS OUTPATIENTS BETWEEN THEIR REPORTED GOALS OF CARE AND THEIR CARE PROVIDERS PERCEPTIONS (CAN DO GOOD)

Presentation Type: Oral

Speaker(s): Ariel Lefkowitz, Blair Henry

Description: This presentation will summarize our study, which examines how well health care providers of hemodialysis patients understand their patients’ goals of care. We will first demonstrate the particular importance of goals of care discussions in the case of hemodialysis patients. We will show recent research deriving seven basic categories of goals of care validated for translating open-ended discussions into delineated categorizations that allowed us to develop our study’s’ surveys. We will then present the methods and findings of our study.

TITLE: LIVING WITH ADVANCED, METASTATIC CANCER, AND END-OF-LIFE ISSUES - ADOLESCENT AND YOUNG ADULT (AYA) UNIQUE PERSPECTIVES

Presentation Type: Oral

Speaker: Doreen Edward

Description: The “elephant in the room” – equipping and supporting AYAs living with advanced, metastatic cancer and facing end-of-life (EOL) issues. The presentation will include critical perspectives which will be of interest to healthcare professionals wishing to fully support AYAs who are actively seeking assistance in addressing their unique concerns and issues.

1:00 pm – 2:30 pm

Note: This time slot contains 2 x 45 minute workshop presentations
**TITLE:** CONDUCTING PARTICIPATORY ACTION RESEARCH WITH FIRST NATIONS COMMUNITIES: LESSONS LEARNED FROM A 5 YEAR CIHR STUDY

- **Presentation Type:** Workshop

**Speaker(s):** Mary Lou Kelley, Melody Wawia

**Description:** First Nation people are dying of illnesses where they could benefit from palliative care; however, there is currently little research evidence to guide the development of local palliative care programs. This workshop provides an overview of the methods and outcomes of a 5-year CIHR funded research project and present research outcomes based on original data. It will also provide recommendations to other researchers and First Nations communities who wish to conduct similar research.

**TITLE:** PROGRAM DEVELOPMENT GUIDELINES AND RESOURCES FOR DEVELOPING PALLIATIVE CARE PROGRAMS IN FIRST NATIONS COMMUNITIES

- **Presentation Type:** Workshop

**Speaker(s):** Mary Lou Kelley, Melody Wawia

**Description:** First Nations communities benefit from culturally relevant palliative care programs; we present research findings to guide the development of these programs in First Nations communities. This workshop will present guidelines and resources which can support the creation of palliative care programs and palliative care delivery within First Nation communities. The hope is that these guidelines will support other First Nations communities interested in quality improvement and developing palliative care program by offering a process for community development and practical guides that offer ideas and lessons learned.

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**1:00 pm – 2:30 pm**

*Note: This time slot contains 2 x 45 minute workshop presentations*

**TITLE:** ESHIFT – AN INNOVATIVE APPROACH TO PROVIDING NURSING CARE IN THE COMMUNITY THROUGH THE USE OF TECHNOLOGY

- **Presentation Type:** Workshop
Speaker(s): Heather Nicolson Morrison, Charlotte Koso, Patrick Blanshard

Description: It is well-known that the majority of people wish to die at home however many clients and families share that it is very challenging to have their needs met when facing end of life in the community setting. Clients feel they are a burden to their family and families often experience burnout when caring for their dying loved one; this leads to admission to hospital leaving both groups feeling disappointment and regret. At the same time, recruiting shift nurses to provide end of life care, especially for night time work, is a persistent barrier to adequately supporting clients and families in the community. In response to these challenges an innovative program was developed where the skills and knowledge of a nurse are delivered to in-home clients through the hands of an enhanced personal support worker, using technology. This program called eShift was developed and further enhanced through partnerships.

TITLE: AN ESSENTIAL ROLE: NURSE PRACTITIONERS CARING FOR THE DYING IN THEIR HOMES

➢ Presentation: Workshop

Speaker(s): Dean Walters, Angela Resetar, Kathy Younker, Sondra LeBlanc

Description: This workshop reveals the history of palliative and end-of-life care and relates it to the present time of resource-limited home-based medical and nursing care of the dying. In this context a Nurse Practitioner role was grown in an in-home Palliative and End of Life Care program. The workshop provides quantitative health care utilization data and qualitative data including video and written stories demonstrating the effectiveness of this unique role.

1:00 pm – 2:30 pm

Note: This time slot contains 2 x 45 minute workshop presentations

TITLE: EXPLORING THE CULTURAL, SPIRITUAL AND RELIGIOUS PERSPECTIVES OF PALLIATIVE CARE

➢ Presentation Type: Workshop

Speaker(s): Ruth Barker, Glen Horst

Description: The workshop participants will view selections of videos from the participating communities, participate in small group discussions about the impact of these videos on their practice, and contribute to the evaluation of the tool. The workshop will be of interest to the entire health care team.
TITLE: ORGANIZATIONAL-LEVEL PROMISING PRACTICES SUPPORTING THE DELIVERY OF SPIRITUAL CARE IN HOSPICE PALLIATIVE CARE

- Presentation Type: Workshop

Speaker(s): Paul Holyoke

Description: This workshop will review organizational-level promising practices to support spiritual care garnered from four North American spiritually-based hospice palliative programs and the challenges they face. Then, participants will reflect on and discuss the possibilities of introducing the practices into secular organizations to support spiritual care specialists and frontline providers.

1:00 pm – 2:30 pm

Note: This time slot contains 2 x 45 minute workshop presentations

TITLE: CARE AND ADVOCACY FOR PATIENTS WITH LIFE LIMITING COMPLICATIONS OF IVDU

- Presentation Type: Workshop

Speaker(s): Sharon Koivu, Chantal Dubois

Description: This unique workshop will empower you to provide care and advocacy to a very marginalized and vulnerable population, those suffering from intravenous opioid addiction. You will understand and recognize stages of change of addiction, have hands on exposure to a harm reduction kit, manage withdrawal and pain while avoiding diversion.

TITLE: IMPLEMENTING A PSYCHOLOGICAL HEALTH AND SAFETY PROGRAM

- Presentation Type: Workshop

Speaker: Carolyn James

Description: Join us to use the psychological safety standard implementation guide "Assembling the Pieces". We will define psychological risk factors, use checklists and other useful tools and discuss strategies for controlling such risk factors. We will also look at case studies of organizations that have successfully implemented psychological health and safety management systems.

1:00 pm – 2:30 pm
**TITLE:** SPIRITUALITY AS A CENTRAL ASPECT OF END OF LIFE CARE

- **Presentation Type:** Oral

**Speaker:** Gaston Lachance

**Description:** According to the works of Nolan and Mock (2004), spirituality is an essential factor for maintaining integrity that also helps to transcend spiritual suffering (loss of interest in life, lack of meaning, weakening of relationships, etc.). This doctoral research study identified three aspects of spirituality that can help care providers in supporting the dying.

Unlike other clinical programs, there is a dearth of research on spiritual support services in palliative care literature, as well as on the importance of spirituality, both conceptually and dynamically. In this doctoral research study (July 2012), we shed light on key concepts and aspects of the spiritual experience, as well as the dynamic process of spiritual transformation. This study introduces innovative aspects regarding spiritual issues faced by people at the end of life, in order to help spiritual care providers (such as caregivers) consider spirituality as a means of maintaining their integrity.

**TITLE:** MAINTAINING CONTINUOUS SEDATION UNTIL DEATH: THE IMPACT OF REPRESENTATIONS ON THE DISCLOSURE OF INFORMATION BY PHYSICIANS TO PATIENTS AND FAMILIES IN FRENCH AND POLISH HOSPICE PALLIATIVE CARE UNITS

- **Presentation Type:** Oral

**Speaker:** Martyna Tomczyk

**Description:** For attendees to fully grasp our study’s focus, we will give a brief overview of its background in the context of an international literature review: we will discuss the concept of continuous sedation maintained until death, as well as different representations related to this practice. This context will be presented in the light of national literature reviews specific to each country being studied. This will be followed by the presentation of the methodology used as well as the study’s outcomes. Lastly, we will discuss these outcomes in the context of the ethics of conviction and responsibility.

**TITLE:** SUPPORTING FAMILY CAREGIVERS CARING FOR A LOVED ONE RECEIVING PALLIATIVE CARE AT HOME: INTERACTIVE WORKSHOPS

- **Presentation Type:** Oral

**Speaker:** Isabelle Van Pevenage
We now know that the general public as well as governments are expressing the desire to have people spend more time at home, including during the last moments of life. However, we also know that in the vast majority of cases, this wish to "die at home" cannot be fulfilled (MSSS, 2010; Bédard et al., 2006; Singer et al., 2005).

Many factors can explain the gap between the population’s wishes, the government’s goals and the realities of end of life care. One of these factors is the fact that family caregivers that support a loved one in palliative care are absolutely essential when these services are provided in a home setting, and that the needs of these caregivers dealing with such a difficult situation are not always met.

In this presentation, we will describe the process of developing an initiative for family members who care for a loved one receiving palliative care in their home, as well as the development of a pilot phase and the assessment process.

**TITLE:** THE RESILIENCY OF PALLIATIVE CAREGIVERS: ILLUSTRATING A PARTICIPATORY RESEARCH APPROACH

- **Presentation Type:** Oral
- **Speaker:** Mélanie Vachon

**Description:** This presentation describes a participatory research project carried out in collaboration with the palliative care team at the McGill University Health Centre. The project’s purpose was to develop, implement and assess the feasibility of setting up a caregiver support program. The program’s content and the outcomes of its preliminary assessment will be discussed.

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2:30 pm – 3:00 pm

**BREAK**

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3:00 pm – 4:00 pm

**Note:** This time slot contains 3 x 20 minute oral presentations

**TITLE:** IMPLEMENTATION OF ORAL HEALTH NURSING ORDER SETS INTO A COMMUNITY HPC PROGRAM

- **Presentation Type:** Oral
- **Speaker(s):** Anna Cooper, Leslie Marvel
Oral health care is of importance in palliative care yet it is something that is often overlooked. This presentation discusses the implementation of RNAO Nursing Order Sets (NOS) for Oral Health into the HPC program of a national home care agency. The NOS require oral assessment to reduce both the incidence and severity of oral complications, especially in the oncology client. A robust education strategy was utilized to increase adoption of oral health assessment and interventions at the bedside. This presentation highlights this journey and articulates lessons learned along the way. The integration of the NOS into the electronic system was a major milestone that also allows for the collection of data to support continuous quality improvement in client outcomes.

**TITLE: THE CHALLENGES OF PROVIDING HOSPICE CARE IN A NON-HOSPICE MANAGED SETTING**

- **Presentation Type**: Oral

**Speaker(s)**: Rose DeAngelis, Teresa Dellar

**Description**: Participants of this session will hear about the experience of a hospice that decided to rent beds at a private care facility. The hospice’s metamorphosis during this process will be highlighted. Challenges and frustrations will also be described in detail, along with what was learned from the expansion experience.

**TITLE: TAKIN' IT IN THE ROAD: EDUCATIONAL PARTNERSHIPS IN ALBERTA**

- **Presentation Type**: Oral

**Speaker(s)**: Terri Woytkiw, Jennifer Elliot

**Description**: Alberta Hospice Palliative Care Association has developed an innovative approach to delivering palliative education to rural and remote Albertans. Partnering with local host organizations and choosing practical topics, AHPCA has been able to reach over 1725 Albertans to build local capacity and raise awareness. Based on evaluations completed after each workshop, the AHPCA Roadshow has not only increased knowledge and skill level in Hospice Palliative Care but also strengthened community building through networking and connecting people.

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3:00 pm – 4:00 pm

*Note: This time slot contains 3 x 20 minute oral presentations*

**TITLE: A PRELIMINARY MODEL OF DIGNITY MANAGEMENT IN HOSPICE**

- **Presentation Type**: Oral
**Speaker:** Qiaohong Guo

**Description:** Hospice care is patient-and family-centered and aims to provide dignity, choices, and control to patients and family. Dignity is considered a basic human right to both dying patients and family. Yet, the process for managing dignity in hospice has not been studied. This grounded theory study was conducted to propose a preliminary model of dignity management (MDM) in hospice describing the social process used by the interdisciplinary team to attend to the dignity of the patient-family unit in hospice through extensive participant observation, interviews with staff, volunteers, family members, and dying individuals.

**TITLE:** IDENTIFYING QUALITY INDICATORS FOR PALLIATIVE AND END-OF-LIFE CARE FROM ADMINISTRATIVE DATA

- **Presentation Type:** Oral

**Speaker:** Ashlinder Gill

**Description:** We present a review of sector-specific (including home-care and long-term care) quality indicators for palliative and end-of-life care that can be captured using administrative data, extracted through a comprehensive scoping review of peer-reviewed and grey literature.

**TITLE:** SHARED DECISION MAKING: A FRAMEWORK FOR INTEGRATED PALLIATIVE CARE TEAMS

- **Presentation Type:** Oral

**Speaker(s):** Melody Boyd, Cori Johnson

**Description:** Regional healthcare systems carry the challenge of providing consistent quality care across diverse geographic areas. Shared Decision Making (SDM) is a process where healthcare providers and patients understand evidence-based information about options, outcomes and uncertainties, together with decision support counselling and systems for recording and implementing patients’ treatment preferences in palliative care. In an effort to explore whether SDM can be normalized into the Shared Care Model in palliative care, five sub-regional value stream mapping sessions were held. These sessions facilitated the identification of gaps in palliative service and the development of change ideas that were co-created with community stakeholders which included the lived experience from informal caregivers. SDM provides a framework for this approach. The results from the five value stream mapping sessions will be presented and the relevance of SDM to integrated palliative care teams working within the Shared Care Model in palliative care will be discussed. Participants will gain a greater understanding of SDM and the relevance of SDM in ensuring optimal outcomes for palliative patients.

3:00 pm – 4:00 pm
Note: This time slot contains 3 x 20 minute oral presentations

**TITLE: LIVING MOMENTS AND LEGACY: CLINICAL SOCIAL WORK IN A PALLIATIVE SETTING**

- **Presentation Type:** Oral

**Speaker:** Michael Bennett

**Description:** This oral presentation will emphasize the importance of focusing on the living process and life moments when working with patients who are receiving palliative care. Using examples of CBT, DBT, and existential psychotherapy techniques, this presentation will assist health care providers with addressing patient’s anxiety and sadness related to the dying process. Examples will be provided of incredible moments of life, legacy, and final dreams that have been arranged, with the focus being on contrasting the role as a therapist and the role as an agent of change. Beyond focusing on the living process, this presentation will outline original ideas used for creating legacy pieces (with use of ceramic and paints, life stories, music/video recordings, etc...) with the patient and their loved ones.

**TITLE: FROM THE VOICES OF BEREAVED FAMILY CAREGIVERS: A METASYNTHESIS OF QUALITATIVE RESEARCH TO DIRECT POLICY AND PRACTICE**

- **Presentation Type:** Oral

**Speaker:** Lorraine Holtslander

**Description:** This presentation will describe the results of an interdisciplinary, international metasynthesis of qualitative research with bereaved family caregivers of persons who received palliative care, highlighting their experiences and offering important strategies, policies and understandings to improve the support they need from the health care system to ensure positive outcomes.

**TITLE: FAMILY MEETINGS IN PALLIATIVE CARE: SOME RECURRENT ISSUES**

- **Presentation Type:** Oral

**Speaker:** Joseph Chandrakanthan

**Description:** The significant input that family members can provide about their dear ones, proves to be indispensable, valuable and important in providing high quality care to patients at the end of life situation. Sometimes depending on the age of the patient, the nature of the illness, the bond and depth of relationships, the suddenness of the terminal illness, the religio-cultural values and convictions, and the emotional and psychological preparedness regarding the impending death of a dear one can also
cause a rupture in relationship between families and care-givers. Family care conferences serve as vehicles of frequent and intensive communication between the care team and family members. These sessions help in many ways to support families in their grief, bereavement and loss while making the end of life journey a comfortable one for the patient. Based on case studies, this oral presentation will focus on the role of the family in the circle of care and identify some of the barriers and limitations in family meetings from the perspective of families and caregivers. It will help to improve the quality and efficiency of family meetings and to avoid conflicts and ruptures in relationships. Drawing from recent research this presentation will provide some guidelines and models that will help to avoid pitfalls and to enhance the quality and professionalism in the delivery of care even in complex and difficult family situations.

3:00 pm – 4:00 pm

**TITLE:** BEST PRACTICES OF PROVIDER /PARENT INTERACTIONS IN PALLIATIVE CARE: SO HOW DO WE TEACH AND MENTOR OUR STUDENTS AND EACH OTHER?

- **Presentation Type:** Workshop
- **Speaker(s):** Betty Davies, Rose Steele
- **Description:** Interviews and observations of 80 physicians, nurses and social workers and 34 parents of children with life-threatening conditions yielded a model of best practices of provider/parent interactions. Discussion will focus on the model’s applicability to participants’ practice and its implications for professional education and mentoring students or new providers.

3:00 pm – 4:00 pm

*Note: This time slot contains 3 x 20 minute oral presentations*

**TITLE:** A KNOWLEDGE SYNTHESIS OF CULTURALLY- AND SPIRITUALLY-SENSITIVE END-OF-LIFE CARE: FINDINGS FROM A SCOPING REVIEW

- **Presentation Type:** Oral
- **Speaker:** Mei Lan Fang
- **Description:** A comprehensive literature review was undertaken by the Canadian Virtual Hospice to create a new tool that will support culturally and spiritually sensitive end-of-life (EOL) care. This presentation will highlight findings from an international scoping review of peer-reviewed academic
publications and grey literature to identify potential enablers and barriers. This scoping review established that much of the research has focused on decision-making rather than experiential aspects of care. The review found that: fewer research studies exploring in-depth, the experiences of different cultural and religious persons at the end of their life limited interventions aimed to improve culturally- and spiritually-sensitive EOL care and that interventions largely focused on education for medical and nursing students and health care providers.

**TITLE: END OF LIFE CARE FOR INUIT PATIENTS IN NUNAVIK QUEBEC**

- **Presentation Type:** Oral
- **Speaker:** Shawn-Renee Hordyk
- **Description:** This presentation will summarize the results of a study identifying the unique considerations in providing palliative care services to Nunavik communities. This research used a participatory ethnographic methodology with a community capacity theoretical perspective. Special attention was being given to Nunavik’s children and youth. Having worked with a steering committee of local stakeholders (community members, elders, spiritual leaders, health workers and educators) I will provide an outline of tools being developed to meet the training and education needs of health professionals, community wellness workers and families based in Nunavik.

**TITLE: WHERE ANGELS FEAR TO TREAD- THE WORK OF SOUL MIDWIVES**

- **Presentation Type:** Oral
- **Speaker:** Felicity Warner
- **Description:** An overview into the ideas and philosophy and workings of the Soul Midwives movement which began in the UK and is spreading to Canada, US and Australia.

Soul Midwives, a fast growing movement which began in the UK has changed the face of modern spiritual and holistic palliative care in the UK. Soul Midwives are spiritual and holistic companions to the dying. They draw on traditional skills now largely forgotten applying them to our modern world to lovingly ease the passage of those who are dying, and ensure that their death is a dignified and peaceful experience. Their services are used within people’s own homes, in hospices and care homes.

3:00 pm – 4:00 pm

*Note: This time slot contains 3 x 20 minute oral presentations*

**TITLE: VIVE LA DIFFÉRENCE! INCLUDING QUEBEC IN CANADIAN PEDIATRIC PALLIATIVE CARE (PPC) GOALS.**
Presentation Type: Oral

Speaker: Janet Forsyth

Description: The international Francophone palliative care community views Quebec as a leading incubator of innovations in the field. Yet within Canada, Quebec’s decentralised healthcare system can seem incoherent and disorganised, particularly to those more familiar with the strengths of a clearly hierarchical system. Language barriers are not problematic between Canada’s pediatric hospices, so understanding Quebec’s different skill set can be a boon to collaboration. We will explore strategies used by federal agencies successful in adapting pan-Canadian objectives to Quebec’s healthcare workplace. Anecdotes from the presenter’s professional experiences will illustrate how transfer of expertise and evidence-based models can be eased across the language gap when some leeway is provided for basic culturally and systemically determined expectations. We will take a rapid tour of Quebec’s largely autonomous regions for a stereotypical look at characteristic mindsets rooted in 400 years of history, an anthropological background unique in North America. The “harvesting” methodology used in developing an internet-based pediatric palliative care training program for frontline local care providers, mandated by the Quebec Ministry of Health, will demonstrate how fierce protectionism of regionally and locally diverse healthcare policy is a source of ingenuity and innovation in La Belle Province. Quebec’s strengths have hidden too long behind the language barrier.

TITLE: PEDIATRIC NURSES PROVIDING PALLIATIVE CARE FOR CHILDREN WITH PROGRESSIVE LIFE SHORTENING ILLNESSES: EXPERIENCES FROM INPATIENT ACUTE CARE

Presentation Type: Oral

Speaker: Shelagh McConnell

Description: Pediatric nurses working on acute care units deliver palliative care to children with Progressive Life Shortening Illnesses (PLSI). The author will present her PhD research which sought to better understand both the rewards and the challenges nurses face in their important work with children with PLSI and their families.

TITLE: CANUCK PLACE CHILDREN’S HOSPICE: THE FIRST FIFTEEN YEARS

Presentation Type: Oral

Speaker: Negar Chavoshi

Description: A 15 year snapshot of a pediatric palliative population has never been analyzed before. Attendees will become familiar with the demographic characteristics of a pediatric palliative care program that provides not only respite care, but pain and symptom management, end of life care,
3:00 pm – 4:00 pm

*Note: This time slot contains 2 x 20 minute oral presentations*

**TITLE: A PALLIATIVE APPROACH TO CHRONIC ILLNESS CARE**

- **Presentation Type:** Oral

**Speaker(s):** Jackie Santiago, Judith Wiens

**Description:** This presentation focuses on development of a Palliative and End of Life Care course that takes a palliative approach to Chronic Illness Care. The course instructs nursing students to apply the palliative approach to care of clients with chronic, life-limiting illness across the age spectrum, and across all settings of clinical practice. The foundations for this course include the Canadian Hospice and Palliative Care Association's model of palliative care and documents.

**TITLE: HOSPICE PALLIATIVE CARE EDUCATION FOR BACCALAUREATE NURSING STUDENTS: A 4TH YEAR ELECTIVE**

- **Presentation Type:** Oral

**Speaker:** Gregg Trueman

**Description:** This interactive presentation will open space to discuss how the CASN PEOLC competencies and indicators were used to inform the development of a 4th year undergraduate nursing course. Specific topics of discussion will include: course learning objectives and outcomes, and learning activities. Of specific interest to educators is how the course is leveled at the 4th year and also suitable for students who have not previously studied hospice palliative care.

3:00 pm – 4:00 pm

**TITLE: CAPTURING THE VOICES OF FIRST NATIONS, INUIT, AND METIS PEOPLE TO ENHANCE END-OF-LIFE CARE**

- **Presentation Type:** Workshop

**Speaker(s):** Ruth Barker, Brenda Hearson

**Description:** The First Nations Inuit and Metis Empowerment Tool is a palliative care initiative funded by Canadian Partnership Against Cancer (CPAC). Guided by a national team and working with communities
from across Canada, Virtual Hospice has developed educational videos and handouts. Join us to learn about the project and the resources.

4:00 pm – 4:15 pm

BREAK

4:15 pm – 5:15 pm

Note: This time slot contains 2 x 30 minute oral presentations

TITLE: ADOPTING ADVANCE CARE PLANNING/GOALS OF CARE DESIGNATIONS WITHIN COMMUNITY PRACTICE

- **Presentation Type:** Oral
- **Speaker(s):** Eric Wasylenko, Max Jajszckok

**Description:** Advance Care Planning/Goals of Care Designation (ACP/GCD) is a way to help individuals think about and document their wishes for healthcare, together with their health care providers. Use of ACP/GCD is a function of all team members, including those within community care. Use of ACP/GCD will improve communication and decision-making process regarding patient care and better supports clinicians in their efforts to provide high quality care to patients.

TITLE: INTEGRATING A PALLIATIVE APPROACH INTO CHRONIC DISEASE MANAGEMENT

- **Presentation Type:** Oral
- **Speaker(s):** Kaillie Kangro, John Duncan

**Description:** Many healthcare providers are uncomfortable with Advanced Care Planning (ACP) discussions. Fear of addressing the subject presents a potential limitation to improving patient care in chronic disease through a palliative approach. This session provides a practical tactic for building confidence in healthcare providers to initiate ACP conversations with patients.

4:15 pm – 5:15 pm

TITLE: DEVELOPING AND IMPLEMENTING THE SIX NATIONS PALLIATIVE CARE SHARED CARE OUTREACH TEAM: LESSONS LEARNED
Presentation Type: Workshop

Speaker(s): Lori Monture, Verna Fruch, Cheryl Moore

Description: This workshop will describe the process of developing and implementing the Six Nations Palliative Care Shared Care Outreach team. It will discuss the roles of the Six Nations palliative care nurse and psychosocial bereavement counselor and will outline the mentorship that is provided by Stedman Hospice. It will highlight the partnerships with local physicians and healthcare providers on the regional palliative care shared care team. Lastly, it will highlight challenges, strengths and lessons learned that can be shared with other regions who wish to develop similar models and teams.

4:15 pm – 5:15 pm

TITLE: THE FINAL DAYS OF ALS: CONSIDERATIONS FOR CARE

Speaker(s): Tamara Wells, Christine Newell

Description: The purpose of this workshop is to review possible illness trajectories of ALS, develop an understanding of the patient and caregiver experience, discuss possible symptoms and management strategies, and to build hope. It is anticipated that this workshop will take existing research and knowledge in addition to audience experience to help advocate for palliative care early in diagnosis of ALS and until the end of life.

4:15 pm – 5:15 pm

TITLE: METHADONE FOR ANALGESIA: ON-LINE TRAINING TOOL TO SUPPORT PHYSICIANS

Speaker(s): Ruth Barker, Mike Harlos, Pippa Hawley

Description: The Person-Centred Perspective Program of the Canadian Partnership Against Cancer (CPAC) has supported a number of initiatives including this new resource. A CPAC representative will participate in this workshop to provide an overview of how this tool fits within the framework of their work. Participants will have the opportunity to view the on-line training course including the pre and post-test. The course targets physicians who will be applying for exemption licenses, but the content will be of interest to nurses, pharmacists, & therapists providing care to patients who are receiving this medication.
4:15 pm – 5:15 pm

**TITLE: MEDIA TRAINING – UNDER FIRE – DEVELOPING THE 10-SECOND SOUND BITE**

- **Presentation Type:** Workshop
- **Speaker:** Bobbi Greenberg

**Description:** News coverage impacts your organization – for better or worse. Preparing key messages is the starting point for any media encounter, whether delivering good or bad news. There is increased public and media interest in assisted suicide, end-of-life and palliative health care. This is an excellent opportunity for organizations to step up and fill the information void, while increasing understanding of the value of hospice palliative care can offer Canadians.

This session will help you build and maintain productive business relations with the media, by providing them what they need when they need it. It will show you how to maximize the opportunities for positive coverage and minimize the risks of negative coverage.

4:15 pm – 5:15 pm

**TITLE: COOL TOOLS AND SOCIAL MEDIA TRAINING**

- **Presentation Type:** Workshop
- **Speaker(s):** Tamir Virani, Liz Balsom

**Description:** Social media is a powerful tool for a non-profit organization to grow and expand its reach. The content, the timing, and the amount of posts all play a key role in how effective your social media accounts will ultimately be. To have a reliable framework for social media success, you must first understand the core basics of each platform.

This session will examine the social media landscape, teach you the basics of Facebook and Twitter, and present some guidelines for using it in the workplace setting and more specifically for a non-profit setting. Useful resources will be shared at the end of the presentation.

4:15 pm – 5:15 pm

**TITLE: FUNDRAISING 101**

- **Presentation Type:** Workshop
- **Speaker:** Kelly MacLaren
Description: Peer to peer is one of the most social forms of fundraising there is. In layman’s’ terms you could almost call it friend to friend. In this presentation we will take a deeper look into Peer to Peer fundraising and how you can use it to increase donations using the CHPCA Hike for Hospice Palliative Care as a sample event.

4:15 pm – 5:15 pm

TITLE: A VOLUNTEER CAREGIVER COACH SERVICE: HELPING FAMILY CAREGIVERS COPE AND MAINTAIN THEIR OWN WELLBEING WHILE CAREGIVING AND IN EARLY BEREAVEMENT

- Presentation Type: Workshop

Speaker(s): Robin Cohen, Susan Keats

Description: Participants will learn about a volunteer service enabling family caregivers to maintain their own wellbeing while providing care and support and in early bereavement. Using real scenarios our volunteers faced, participants will brainstorm together ways such a service can help, and how it might be implemented in their own settings. Examples of issues participants will consider are: distressing situations family caregivers can’t change; emotional distress; fatigue; the need for more help; and strategies a Coach service can use address impending crises. If desired by the participants, we can share what our service did and its impact. There will be time for questions and sharing of thoughts throughout the workshop.

4:15 pm – 5:15 pm

TITLE: FALL AND INJURY RISK REDUCTION IN HOSPICE RESIDENCE: WHAT TO DO?

- Presentation Type: Workshop

Speaker(s): Ruth Topolnicky, David Ng, Fabio Feldman

Description: Falls and related injuries can seriously impact a patient’s quality of living and dying. The goal of this workshop is to provide participants with new knowledge and strategies to improve service quality through reducing falls and fall related injuries in residential hospice settings. Using existing knowledge identified in previous studies, and from new research findings at Fraser Health, participants will be engaged in working through case studies to identify risk factors and asked to discuss potential fall risk reduction interventions. We will discuss how to initiate or expand their own fall and injury reduction programs with the goal of embedding risk reduction measures into their own ongoing daily
practice, to improve the quality of living and dying of patients in their hospice residence settings.

CELEBRATION OF LIFE

7:00 pm – 8:30 pm

SATURDAY, October 31st

7:30 am – 8:15 am

Breakfast

TITLE: NEW CHALLENGES AND NEW HORIZONS: HOW DO WE MOVE FORWARD?

8:30 am – 9:45 am

➢ Presentation Type: Plenary

Speaker: Sharon Baxter, Executive Director, Canadian Hospice Palliative Care Association

Description: Building on our past how do we make our new challenges possible opportunities. How do we define ourselves as we move forward? An action plan for the future.

Learning Objectives:

1. Learn what Canadians think about hospice palliative care
2. Understand the current health care environment we work in and what opportunities present themselves
3. Define what our future could look like
9:45 am – 10:15 am

BREAK

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**TITLE:** SYMPTOM MANAGEMENT OR EUTHANASIA?: PALLIATIVE SEDATION IN THE PEDIATRIC WORLD.

10:15 am – 11:45 am

➤ **Presentation Type:** Challenge Panel - Pediatrics

Speaker(s):

- Dawn Davies
- Lori Seller
- Stephen Liben
- Moderator: Marie-Claude Gregoire

**Description:** This challenge panel will explore and attempt to demystify what is described as “palliative sedation” in the context of pediatric end-of-life care. Panelists will discuss the goals, criteria, practices, research, outcomes & controversies involved in palliative sedation across the pediatric continuum.

**Learning Objectives:**

- Explore transitions in palliative care.
- Identify goals, criteria, practices, and research along with outcomes and controversies in palliative sedation in pediatrics.

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10:15 am – 11:45 am

**TITLE:** EXPLORING THE COST OF OUR CARING: REACTING, ACTING, AND TRANSFORMING.

➤ **Presentation Type:** Challenge Panel – Self Care

Speaker(s):

- Maryse Bouvette, APN MEd CON (C ) CHPCN (C )
- Tara Tucker MD FRCPC Med
• Moderator: Laurie Anne O’Brien RN BN CHPCN(C)

Description: As one Hospice Palliative Care (HPC) patient shared with his nurse: “Please remember to take care of yourself so you can take care of me.”

All of us in the field of hospice palliative and end-of-life care have witnessed suffering and many of us have expressed our highs and lows at the ‘cost of caring’ for others who are in physical and emotional pain. In particular the lows may be felt in various not so healthy ways; some of which will be shared by this panel who have worked daily for many combined years in the HPC field. This dynamic duo will invite you to become engaged to explore with them possible strategies that you may have tried in the past, and others that may be novel to you in order to enhance YOUR self-care. More importantly, this session will be a beginning for participants to continue the conversation about why sometimes our good intentions for self-care may have not always been translated into action. The goal is for participants to leave this panel and interactive discussion with a better understanding of their own resilience and with some helpful strategies for overcoming any barriers to implementing good self-care... the positive steps to True Transformation.

Learning Objectives:

• Explore and learn techniques for best practices in self-care for those working in all settings with hospice palliative and end of life care individuals.
• Develop a better understanding of one’s own resilience and helpful positive self-care strategies when working in a hospice palliative and end of life care environment.

10:15 am – 11:45 am

TITLE: NOT A ONE WAY STREET! BUILDING GLOBAL CAPACITY IN THE PALLIATIVE CARE MOVEMENT

➢ Presentation Type: Challenge Panel – International Issues

Speaker(s):

• Chuck Russell, Multimedia and Communications Volunteer, Two Worlds Cancer Collaboration,
• Wendy Muckle, Executive Director, Ottawa Inner City Health, Inc.,
• Dr. Zipporah Ali, MD, MPH, HonDUnivl, Executive Director, Kenya Hospices and Palliative Care Association

Description: Genuine partnerships between palliative care providers in Canada and those in developing settings are not a one way street. A lack of resources for palliative care often generates creative and innovative solutions which can be applied in any setting. The Two Worlds Cancer Collaboration Foundation in India and Nepal is working together to promote sustainability and improve the knowledge
of all participants. Similarly, the work of the palliative care sector in filling the treatment gap in Kenya has important lessons for Canadian partners. Twinning internationally has the potential to build capacity for both “twins” while energizing and engaging them to explore new approaches and possibilities in their work.

Learning Objectives:

- Learn to collaborate with palliative care organizations internationally.
- Learn how to build capacity through “twinning.”

11:45 am – 1:00 pm

LUNCH

1:00 pm – 2:30 pm

Note: This time slot contains 4 x 20 minute oral presentations

**TITLE:** ‘THE VITAL FEW:’ IDENTIFYING STANDARD QUALITY INDICATORS FOR PALLIATIVE CARE IN ONTARIO

- **Presentation Type:** Oral

**Speaker:** Sara Urowitz

**Description:** This presentation will describe the consensus processes used to identify priority indicators to drive the improvement of palliative care delivery in Ontario. These indicators will support a provincial strategy for palliative care. The indicators as well as the processes used to identify them can be leveraged by other jurisdictions.

**TITLE:** 2014-2019 ALBERTA PALLIATIVE AND END OF LIFE CARE: PROGRAM ENRICHMENT PROJECTS

- **Presentation Type:** Oral

**Speaker:** Max Jajszczok

**Description:** This presentation highlights the development and implementation of ten key initiatives bringing innovation and service quality enhancement to the Alberta Palliative and End of Life Care
program. These initiatives have resulted in efficiency improvements in healthcare spending and fulfilment of patient and family care wishes.

**TITLE:** IMAGINE: BRINGING PALLIATIVE CARE COMMUNITIES TOGETHER

- **Presentation Type:** Oral

**Speaker(s):** Terri Woytkiw, Jennifer Elliot

**Description:** The Alberta Hospice Palliative Care Association (AHPCA) undertook an innovative project to engage stakeholders in discussion about palliative care. After identifying potential community groups, AHPCA tailored an event to address identified interests. Bringing together organizations that had worked in isolation supports AHPCA to advocate for better palliative care in Alberta.

This presentation will give suggestions to others involved in hospice palliative care as to how to encourage and support members and to increase the engagement of citizens in HPC.

**TITLE:** PALLIATIVE AND END OF LIFE CARE QUALITY PERFORMANCE INDICATORS DASHBOARD

- **Presentation Type:** Oral

**Speaker:** Max Jajszczok

**Description:** The Alberta Palliative and End of Life Care (PEOLC) dashboard is built using evidence-based indicators from an academic systematic review. This project will provide a tool to accurately measure the quality of the PEOLC program as it evolves towards a higher degree of a community-based treatment process.

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**1:00 pm – 2:30 pm**

*Note: This time slot contains 2 x 45 minute workshop presentations*

**TITLE:** EMBRACING COMPASSIONATE PRESENCE

- **Presentation Type:** Workshop

**Speaker(s):** Bernadette Richards, Denis Fafard

**Description:** This hands-on, experiential workshop will be of particular interest to those responsible for training hospice volunteers, but will benefit anyone interested in developing their capacity for compassionate presence. The presenters, a hospice coordinator of volunteer services and hospice...
volunteer educator, will share practical techniques to develop compassionate presence that they use in training new hospice volunteers.

**TITLE: FAMILY CAREGIVER EDUCATION: HELPING FAMILIES MOVE FORWARD**

- **Presentation Type:** Workshop

**Speaker:** Colleen Rush

**Description:** Family caregivers provide some of the most intimate, nurturing care that individuals coping with a life limiting illness will receive at end-of-life. However, recent research suggests that family caregivers often feel unprepared and lack the required information, education and skills to prepare them for such a role. During this interactive, 90 minute workshop, participants will be provided with an in-depth overview of a successful BC Family Caregiver Education Series that is offered several times a year to non-professional family caregivers residing in the eastern region of the Fraser Health Region.

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**1:00 pm – 2:30 pm**

*Note: This time slot contains 2 x 45 minute workshop presentations*

**TITLE: To Be Announced**

**TITLE: HOSPICE PALLIATIVE CARE DEBRIEFING - THE ART AND SKILL OF DEALING WITH SUFFERING**

- **Presentation Type:** Workshop

**Speaker:** Eugene Dufour

**Description:** Debriefing, from a hospice palliative care perspective, is one process that can help create meaning out of all of the pain, suffering and death that we experience. Debriefings helps diminish Compassion Fatigue and Burn Out and allows us to find meaning and purpose in this environment of pain and suffering.

Debriefing allow us to explore:

- The What – review the individual story of pain, suffering and death.
- So What – drawing meaning from the exposer to the pain, suffering and death.
- Now What – allows us an opportunity to find more ways of healing from the pain, suffering and deaths we witness which will also improve patient and family care.
An Individual Pain, Suffering and Death Review Tool and a Team Pain Suffering and Death Review Tool will be presented to help individuals and teams process the many deaths that they experience.

1:00 pm – 2:30 pm

**Note: This time slot contains 2 x 45 minute workshop presentations**

**TITLE:** ARTS-BASED KNOWLEDGE TRANSLATION: AN INNOVATIVE APPROACH FOR ENHANCING CONVERSATIONS ABOUT PALLIATIVE AND END-OF-LIFE CARE

- **Presentation Type:** Workshop

**Speaker(s):** Brenda Sabo, Katie Dorian, Alexis Milligan, Erna Snelgrove-Clarke

**Description:** This 90-minute workshop will highlight the role of art in connecting, creating meaning and opening communication about palliative and end-of-life issues. Two creative approaches will be used. First, attendees will actively engage with creative artists Katie Dorian and Alexis Milligan in the play, How Often do I Dream… Second, findings from the use of an arts-based educational initiative embedded within a 4th year palliative care nursing course will be presented. How and in what way the role of creative arts in enhancing open, supportive communication about palliative and end-of-life care will be provided.

1:00 pm – 2:30 pm

**Note: This time slot contains 2 x 45 minute workshop presentations**

**TITLE:** IMPROVING THE QUALITY OF SPIRITUAL CARE TO END-OF-LIFE: ALLEVIATION OF SUFFERING

- **Presentation Type:** Workshop

**Speaker:** Elaine MacInnis

**Description:** This interactive case-based presentation will explore the depth and experiences of suffering in the face of impending death. Using Narrative inquiry and Phenomenological methodology based on the Heideggerian concept of “what it means to be a person diagnosed with a terminal illness,” we will explore medical, illness, and belief narratives – the story of pain and suffering individual’s reveal, and the effects of illness on their world.
Objectives of this research based workshop are: (1) Reveal the prevalence of existential and spiritual suffering from the time of diagnosis of a life-threatening illness, throughout the illness trajectory until death. (2) Classify external and internal factors that contribute to suffering and loss of dignity for patients as death approaches. (3) Identify interventions that can alleviate or diminish suffering in the face of impending death.

**TITLE: SPIRITUAL COPING METHODS AND END OF LIFE MEANING-MAKING**

- **Presentation Type:** Workshop

**Speaker(s):** Catherine Tyndall, Linda Mayorga Miller

**Description:** Research indicates that meaning-making often takes place within the spiritual dimension. This workshop will identify and explore the roles of spiritual coping, spiritually significant events and spiritual objects in the meaning-making process. Participants will learn to recognize and support spiritual coping through lecture and small group engagement. This self-exploration will build a groundwork for recognizing the prevalence and effectiveness of spiritual coping methods in general. It is further intended that this knowledge will then enable participants to better recognize and support spiritual coping in clients. The workshop will also explore the necessity of maintaining spiritual boundaries.

1:00 pm – 2:30 pm

*Note: This time slot contains 2 x 45 minute workshop presentations*

**TITLE: DOODLES, SNIPPETS, COURSELETS, MINDMAPS AND APPS: JUST-IN-TIME ONLINE LEARNING FOR PALLIATIVE AND END-OF-LIFE CARE (EOL) - PALLIUM CANADA NATIONAL RESOURCES**

- **Presentation Type:** Workshop

**Speaker(s):** Dr. Jose Pereira, Brady Riordan, Jordan MacGregor

**Description:** Pallium Canada produces best practice, peer-reviewed palliative and End-of-Life Care (EOL) learning materials including a suite of products for mobile devices and desktop computers to support distributed learning and clinical decision-making at the point of care. E-learning resources include the ‘Pallium Resource App’, ‘Doodles’, ‘Snippets’, ‘Courselets’ and ‘MindMaps’. Participants will learn how to access and receive training in online resources for the bedside and other teachable moments.

**TITLE: LEARNING ESSENTIAL APPROACHES TO PALLIATIVE AND END-OF-LIFE (LEAP) COURSEWARE CAFÉ**
Presentation Type: Workshop

Speaker(s): Dr. Kathryn Downer, Dr. Mary Lou Kelley, Katherine Houde, Dr. Lisa Fischer

Description: Pallium Canada is well underway with the Learning Essential Approaches to Palliative and End-of-Life Care (LEAP) renewal and expansion of its courseware and supporting clinical decision-support offerings. Newly Developed LEAP theomatics will be showcased and available for workshop trial including LEAP: LTC, Mini and Mini-Onco, Paramedic, Surgery, Emergency Department and Undergraduate training.

This session will provide an understanding of setting specific education in palliative care and the development process for courseware in an interactive manner. Participants will be invited to experience and explore the revitalized training options, in a café style format by sampling the thematics in small groups with a LEAP developer at each table who, with an Ipad will demo the courseware and tools associated with the identified LEAP Thematic. Participants will be invited to provide expertise as health care providers to comment on the courseware and identify any additional resources that would be beneficial to include in the curriculum.

1:00 pm – 2:30 pm

Note: This time slot contains 2 x 45 minute workshop presentations

TITLE: A NEXT GOOD STEP! EMPOWERING PROGRAMS TO DEVELOP DISEASE & PROGRAM SPECIFIC ADVANCE CARE PLANNING EDUCATION.

Speaker: Cari Borenko Hoffmann

Description: Fraser Health ACP program recently co-developed & co-facilitated disease & program specific ACP education with the Renal, Residential Care and Assisted Living, Older Adult, Mental Health and Substance Use and Cardiac programs. This workshop will explore strategies for success, including the building of partnerships, co-development & co-facilitation and the importance of empowering and honouring programs. It will also look at the challenges experienced, including conflicting program priorities, building program based expertise, and methods hoped to overcome challenges.

TITLE: IMPLEMENTING MEDICAL ORDERS FOR SCOPE OF TREATMENT (MOST) ACROSS ALL SECTORS IN 12 COMMUNITIES...ALL IN THE SAME DAY!

Speaker: Cari Borenko Hoffmann

Description: Fraser Health ACP program recently co-developed & co-facilitated disease & program specific ACP education with the Renal, Residential Care and Assisted Living, Older Adult, Mental Health and Substance Use and Cardiac programs. This workshop will explore strategies for success, including the building of partnerships, co-development & co-facilitation and the importance of empowering and honouring programs. It will also look at the challenges experienced, including conflicting program priorities, building program based expertise, and methods hoped to overcome challenges.
Speaker(s): Cari Borenko Hoffmann, Carolyn Tayler

Description: In 2011, Fraser Health implemented Medical Orders for Scope of Treatment (MOST) in 12 communities across all sectors. This workshop explores strategies for success, including established ACP and EoL programs, the importance of empowering programs; and challenges experienced, including the law & program readiness, and methods utilized to overcome challenges.

1:00 pm – 2:30 pm

Note: This time slot contains 2 x 45 minute workshop presentations

TITLE: PATHWAYS: HELPING PEOPLE WITH DEMENTIA FIND THEIR VOICE THROUGH SONG

- **Presentation Type:** Workshop

Speaker: Bev Foster

Description: The Pathways program for dementia care has been developed in order to enhance quality of life and care by making meaningful connections through singing. Pathways provides people living with dementia an opportunity for social interaction and memory stimulation as well a tangible resource for caregivers who may have limited musical ability and/or confidence. This workshop will allow participants an experience of one of the Pathways episodes as well as give evidence from the literature to the benefits of singing in dementia care. Key elements of Pathways and pilot study results will also be presented.

TITLE: PRESCRIPTIVE MUSIC AT END OF LIFE

- **Presentation Type:** Workshop

Speaker: Jill Kennedy

Description: Music therapists working in the palliative care setting are ever-mindful of creating a musical 'prescription' that reflects the specific needs of each person they are caring for. This includes demonstrating adaptability to providing musical interventions that meet the changing needs of their patient. Through patient-specific examples and experiences, this workshop will illustrate the positive and powerful impact music can have when caring for the dying and their loved ones.

1:00 pm – 2:30 pm

Note: This time slot contains 2 x 45 minute workshop presentations
TITLE: A DIGNITY APPROACH TO THE CARE OF THE GRIEVING AND BEREAVED

- **Presentation Type:** Workshop

**Speaker:** Peter Barnes

**Description:** A dignity approach to care of the dying and grieving/bereaved empowers clients to maximize the quality of the dying, grieving and living process. This process demands finding meaning and hope through the exploration of new perspectives, i.e. opening to the potential of dying/grieving being a quality enhancing life experience.

This workshop will explore the significance of dignity being practiced at the centre of grief and bereavement care as it is delivered by the duo of palliative/end-of-life services and bereavement services. Emphasis will be given to how the grieving needs of the dying person and their surviving loved ones’ bereavement care needs are best served with this dignity approach.

TITLE: LOSS AND GRIEF INTERACTIVE TOOL FOR FAMILIES

- **Presentation Type:** Workshop

**Speaker(s):** Christopher James Mackinnon, Ruth Barker, Eunice Gorman

**Description:** Canadian Virtual Hospice (CVH) has developed interactive psycho-educative modules in web-based and app versions to provide an online option for those who do not or cannot access existing in-person loss and grief supports due to lack of availability, geography, timing, choice, financial and other factors. The content includes topics such as anticipatory loss to support families and others struggling with impending loss of someone with advanced cancer as well as grief for the bereft to explore the nature of relationships between survivors and the ill/deceased.

Participants will view the on-line tool, participate in evaluation of the tool and identify strategies for utilization of the tool across Canada. The workshop promotes knowledge translation and utilization of evidenced based approaches to grief and bereavement care that can be used by all members of the healthcare team.

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2:30 pm – 3:00 pm

**BREAK**

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3:00 pm – 4:00 pm
TITLE: DOING IT RIGHT EVERY TIME – PROVIDING ACCESSIBLE SERVICES FOR THE DEAF AND DEAF/BLIND COMMUNITY

- **Presentation Type:** Workshop

**Speaker(s):** Monica Elaine Campbell, Monique Dozois, Christine Wilson

**Description:** You may only have a handful of persons who are Deaf or Deaf/blind come to you for care in your whole career. Will you be ready to provide them services? You will be invaluable if you are ready. Come and learn the Dos and Don'ts for working with the culturally Deaf and Deaf/blind.

3:00 pm – 4:00 pm

TITLE: DISCHARGE PLANNING FOR PALLIATIVE FIRST NATIONS AND INUIT PATIENTS RETURNING TO THEIR HOME COMMUNITIES

- **Presentation Type:** Workshop

**Speaker(s):** Michael Harlos, Lori Embleton

**Description:** Increasingly, First Nations and Inuit patients who have chosen a palliative approach to care want to return to their home communities. In many cases it has been challenging to develop a discharge plan that will facilitate comprehensive end of life care. Challenges include a lack of understanding of resources available in the northern/remote communities, jurisdictional issues that affect the procurement of equipment and medications and the need to coordinate lengthy travel plans. The Winnipeg Regional Health Authority (WRHA) Palliative Care Program and Aboriginal Health Services Program struck a working group in 2010 to develop tools for inter-professional teams that would facilitate such discharges. This workshop will provide the audience with an overview of the tools that were developed to address care needs improve communication and promote collaborative and supportive care for First Nations and Inuit patients who want to return to their communities. These tools are envisioned to be used by the inter-professional care team in WRHA and shared with the health care team in the home community as well as with the patient and family. They are designed to provide the basis for ongoing care planning throughout the patient’s illness.

3:00 pm – 4:00 pm

TITLE: HEART, SOUL, AND SPIRIT IN THE LABORS OF GRIEVING

- **Presentation Type:** Workshop
Speaker: Thomas Attig

Description: This workshop invites phenomenological explorations of:

1) the basic contours of experiences of grief reaction and grieving response,
2) essential characteristics of loving and attachment in relationships,
3) ways in which grieving responses are labors of love,
4) ways in which grief counseling may be understood as a form of midwifery to these labors.

3:00 pm – 4:00 pm

TITLE: PALLIATIVE EDUCATION AND CARE FOR THE HOMELESS (PEACH) - AN EARLY PALLIATIVE APPROACH FOR THE MARGINALIZED AND VULNERABLE

➤ Presentation Type: Workshop

Speaker(s): Naheed Dosani, Rafael Sumalinog

Description: The palliative care needs of the homeless & vulnerably housed in Canada are poorly understood. About 75% suffer from at least one co-morbid chronic disease, with mortality rates estimated at 2.3 to 4 times the average population. Multiple barriers—from a lack of continuous housing, social support, mental health issues, and substance abuse—prevent access to the appropriate palliative services. Moreover, the homeless face discrimination in the healthcare system, where they often die in acute settings despite their wishes.

The Palliative Education and Care for the Homeless (PEACH) is a mobile, shelter-based program that aims to provide early palliative care for the homeless and vulnerably-housed in Toronto. PEACH also promotes education on palliative care and homeless by providing resources for health care providers who work with these marginalized groups.

3:00 pm – 4:00 pm

TITLE: CHALLENGES TO FAMILY CAREGIVERS PROVIDING END-OF-LIFE CARE IN A RURAL CONTEXT

➤ Presentation Type: Workshop

Speaker(s): Deborah Krahn, Brenda Peters-Watral
Description: This presentation discusses recent literature findings on challenges to rural family caregivers who provide end of life care. Participants will gain an understanding of the various factors that contribute to these challenges. A discussion of novel approaches to rural caregiver support will encourage participants to translate knowledge into their practice.

3:00 pm – 4:00 pm

To be announced

3:00 pm – 4:00 pm

**TITLE:** “LET'S TALK ABOUT IT" - CHANGING ENDING OF LIFE CARE THROUGH QUALITY IMPROVEMENT

- **Presentation Type:** Workshop
- **Speaker(s):** Tracey DasGupta, Danielle Takahashi, Bill Ford, Pat Daines

**Description:** This workshop will provide participants with the opportunity to review and discuss the quality improvement methodology that was used to implement the Comfort Measures Strategy, including sharing of tools and resources for customization and application within local organizations. Participants will be provided with the opportunity to engage in shared learning activities. They will reflect upon practices and processes within their clinical settings, for each of the five core elements, including 1) staff engagement, 2) comfort assessment, 3) spiritual care consultation, 4) family education, and 5) coaching of staff by experts, with the purpose of enhancing interprofessional collaboration for end of life care and translation of knowledge across the health care system.

3:00 pm – 4:00 pm

**TITLE:** ALBERTA HEALTH SERVICES EMERGENCY MEDICAL SERVICES PALLIATIVE AND END OF LIFE CARE ASSESS, TREAT AND REFER (EMS PEOLC ATR) PROGRAM

- **Presentation Type:** Workshop
- **Speaker(s):** Kent Riddle, Cheryl Cameron

**Description:** Emergency Medical Services (EMS) and community clinicians are taking care to palliative and end of life care (PEOLC) patients who would otherwise be required to be taken to hospital. Eighty-
five percent of palliative and end of life care patients prefer to die at home but complex care issues have historically left EMS practitioners and community clinicians with few options but to transport them to hospital. This innovative program allows community clinicians to access EMS to collaboratively manage PEOLC emergencies to keep patients at home, when appropriate, reducing impact on emergency departments, and improving patient and family experiences. This initiative has been rolled out successfully in the Calgary and Edmonton Zones and as a result many patients who would otherwise be sent to the hospital have been treated within community settings.

3:00 pm – 4:00 pm

**TITLE:** A BALANCING ACT: BREAKING THE DEVASTATING NEWS TO YOUNG ADULTS AND THEIR FAMILIES WHEN CANCER TREATMENTS HAVE FAILED.

- **Presentation Type:** Workshop
- **Speaker(s):** Bert Enns, Michael Lang
- **Description:** This workshop showcases a novel palliative education resource that highlights the unique dimensions of supporting young adults facing death due to advancing cancer. Film clips featuring interviews with a young woman’s parents, hematologist and nurse/friend provide context for an algorithm highlighting salient considerations when supporting young adult patients and their families.

4:00 pm – 4:15 pm

**BREAK**

4:15 pm – 5:15 pm

**TITLE:** ENGAGING STAKEHOLDERS IN JOURNEY MAPPING: CREATING AND IMPLEMENTING A PALLIATIVE CARE PATHWAY FOR CLIENTS LIVING IN NAOTKAMEGWANNING FIRST NATION

- **Presentation Type:** Workshop
- **Speaker(s):** Maxine Crow, Jessica Koski and Mary Lou Kelley
- **Description:** This workshop highlights one First Nations community’s experience using a “journey mapping” exercise to create a new integrated path of care for clients to receive palliative care at home.
It describes how community members transition through the health care system and discusses potential obstacles and solutions to improve service integration.

4:15 pm – 5:15 pm

**TITLE:** CULTURALLY APPROPRIATE ADVANCED CARE PLANNING RESOURCES FOR FIRST NATION COMMUNITY MEMBERS: RESOURCES AND STRATEGIES

- **Presentation Type:** Workshop

**Speaker(s):** Verna Fruch, Kimberly Ramsbottom

**Description:** The CHPCA, QELCCC, the Way Forward and the “Improving End-of-Life Care in First Nations Communities” project at Lakehead University have collaborated to create and evaluate culturally appropriate ACP resources for First Nation communities. This workshop will present resources developed, demonstrate how they can be used and will share lessons learned.

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4:15 pm – 5:15 pm

**Note:** This time slot contains 3 x 20 minute oral presentations

**TITLE:** THE PALLIATIVE CARE PATHWAY: ENHANCING THE QUALITY OF PALLIATIVE CARE IN CONTINUING CARE

- **Presentation Type:** Oral

**Speaker(s):** Carleen Brenneis, Karen Huebert

**Description:** This presentation will discuss the findings of our qualitative and quantitative investigations with regards to the extent and accuracy of the Palliative Care Pathway’s uptake in Continuing Care, as well as the impact that it has on the quality of end-of-life care provided from the perspective of families. It will also discuss future endeavors which involve integrating the Palliative Care Pathway into other care contexts.

**TITLE:** BEST PRACTICE PALLIATIVE CARE GUIDELINES AND PATHWAYS DEVELOPMENT

- **Presentation Type:** Oral

**Speaker:** Max Jajszcsok
Description: With the shift to move palliative care to a more community-based treatment process, the Alberta Provincial Palliative Care team has prioritized the development of practice guidelines starting in the 2014/2015 fiscal year to assist community practitioners, these include:

1. Enhanced Primary Care Capacity
2. Outpatient Access
3. Acute Care Transitions

TITLE: EXPLORING CURRENT PRIMARY LEVEL PALLIATIVE CARE; A COMPARISON OF ONTARIO AND QUEBEC

- Presentation Type: Oral

Speaker: Sara Urowitz, Tara Walton

Description: Integrate is a 3 year project funded by the Canadian Partnership Against Cancer that aims to enable early identification and management of patients who would benefit from a palliative care approach early and across settings in Ontario and Quebec. Cancer Care Ontario and its partners will achieve this goal through adapting and implementing education and tools for primary level providers and through testing integrated models of care in primary care and cancer centre settings.

To tailor palliative care education for primary level providers, a current state of existing services was conducted. Primary care practices in Ontario and Quebec completed an online survey exploring their provision of palliative care, along with barriers and facilitators. Results will be summarized, highlighting key differences.

4:15 pm – 5:15 pm

TITLE: DELICIOUS AND DIGESTIBLE: NEW CURRICULUM TO HELP FRONT LINE CAREGIVERS PROVIDE EXCELLENT CARE FOR THE DYING AND THEIR FAMILIES

- Presentation Type: Workshop

Speaker: Kath Murray

Description: National learning standards and Ontario Vocational Learning Outcomes both identify care of the dying person as essential content for PSWs. Review, discuss and play with the new text and companion workbook designed specifically for PSWs, and resources designed to assist educators to integrate HPC education in core and continuing education.

Workshop participants will review materials, participate in a variety of learning activities, engage in discussion to explore the outcomes and value of the resources. They will come away with ideas for
teaching PSWs in both core curriculum and continuing education and thus better help prepare the PSW workforce to care for the coming tsunami of dying.

4:15 pm – 5:15 pm

**TITLE:** A MINDFUL PALLIATIVE CARE PRACTICE: MANY OPPORTUNITIES TO WAKE UP

- **Presentation Type:** Workshop

**Speaker:** Stephen Liben

**Description:** Clinicians working in death and dying are repeatedly witness to both intense suffering as well as moments of beauty and meaning. The question arises: Why have you chosen this work that so many others would not even consider? What are you looking for? What have you found? Mindfulness practices have been helpful to many who are interested in living out these questions.

Such "formal" mindfulness practices as "guided awareness exercises" as well as "informal" awareness practices such as S.T.O.P are being taught and assessed in the clinical environment as applied to clinicians.

This experiential participatory workshop will explore aspects of mindful practice in a clinical setting as it applies to the clinician-caregiver.

4:15 pm – 5:15 pm

**TITLE:** LOVE IN OUR OWN TIME: A DOCUMENTARY FILM

- **Presentation Type:** Workshop

**Speaker:** Tom Murray

**Description:** This special screening of the film 'Love in Our Own Time' aims to give conference participants a different space for reflection on their work and ideas for teaching and training. The film, a documentary about birth, love, and death follows seven ordinary families as they face these profound life experiences.

This screening at the Canadian Hospice Palliative Care Conference conference offers a reflective space for thinking about one’s own responses toward these universal human experiences, and following the screening attendees will be invited to discuss how ideas stimulated by the film can enrich palliative care training and practice.
4:15 pm – 5:15 pm

**TITLE:** ASSISTING HEALTH PROFESSIONALS TO MINIMIZE COMPASSION FATIGUE: MANAGING GRIEF AND LOSS

- **Presentation Type:** Workshop
- **Speaker:** Mary Jane Esplen

**Description:** Health care professionals caring for terminally ill patients often experience profound grief reactions which can lead to compassion fatigue. This interactive workshop presents literature on the types of grief experiences among professionals; introduces self-assessment tools to recognize indicators signaling coping difficulties, and discusses strategies for self-care and peer support.

4:15 pm – 5:15 pm

**TITLE:** CAN ADVANCE CARE PLANS BE MORE LIKE BICYCLE HELMETS?

- **Presentation Type:** Workshop
- **Speaker(s):** Louise Hanvey, Nanci Corrigan

**Description:** Remember when seat belts weren’t mandatory and bicycle helmets were considered nerdy? Today, thanks to public health campaigns based on research and evidence, we have seat belt laws and most cyclists don a helmet before heading out on the road. What if we could do the same for advance care planning (ACP)?

Evidence shows that people who engage in ACP are more likely to have their wishes known and followed at end-of-life. The Way Forward has demonstrated an integrated Palliative Approach to Care (PAC) should start before people become ill – with a strong focus on ACP. Half of Canadians indicate that ACP should begin when a person is healthy, but only 13% have an ACP prepared. By taking a public health approach, we can work towards normalizing these conversations and take a leadership role in integrating ACP into best practices. This workshop will explore ACP work that has been done in Canada to translate knowledge into tools for patient-centred care; ways to normalize ACP conversations in different environments to support a PAC; and encourage participants to brainstorm tools that can increase ACP awareness/implementation.

6:30 pm – 9:30 pm

**EVENING SOIREE - Ghouls and Gambles**

Today is Halloween! Costumes optional but certainly welcome!
Come join us in an evening of Halloween themed fun!

The Canadian Hospice Palliative Care Association is hosting a fun filled evening of gambling, networking, dancing, and delicious nibbles, along with a few fun Halloween ‘extras’.

Come in costume, or not, – the choice is yours! Take a break from learning to play a game of poker, or try your luck with the roulette wheel. These are just a few of the fun games and activities available during the evening. While here, have your photo taken with fun props at the photo booth, then have your palms and tarot cards read! Enjoy networking with your colleagues over some delicious munchies and then finish the evening by dancing up a storm to our amazing DJ!

SUNDAY, November 1st

9:00 am – 10:30 am

TITLE: MAKING KNOWLEDGE TRANSLATION LIVE IN POLICY AND PRACTICE - CLOSING THE CIRCLE

➢ Presentation Type: Challenge Panel – Knowledge Translation
  • Speaker(s): Michelle MacDonald
  • Nanci Corrigan
  • Jayna Holroyd- Leduc
  • Moderated by: Christopher Klinger

Description: Engaging all stakeholders in today’s ever-changing fast-paced technologically-driven health care environment is challenging. What does it mean to communities of practice and to the provision of patient-centred care? How can the translation of knowledge be normalized into practice and policy, ultimately resulting in needed behaviour and system change.

Learning Objectives:

• Learn how to translate knowledge into practice and policy.
• Learn best practices in developing knowledge translation in a fast-paced environment.

9:00 am – 10:30 am

**TITLE: BILL 52 AND THE MARCH 2015 SUPREME COURT DECISION: WHAT IS THE IMPACT ON THE HOSPICE PALLIATIVE CARE COMMUNITY?**

➢ **Presentation Type:** Challenge Panel – Bill 52

**Speaker(s):**

- Bernard Lapointe
- Teresa Dellar
- James Downar
- Moderated by: Sharon Baxter

**Description:** Lots of changes are in the works. Quebec expects their changes to be in place in December 2015. Physician assisted death (PAD) is expected to be in place in the rest of Canada twelve months from February 2015. The process of implementation is still unknown. What does this mean to our practice? Some say very little and some are very concerned. The speakers will bring us up to date on what current practice is come fall of 2015 and we will have a lively discussion around expectations and implementation.

**Learning Objectives:**

- Learn about Quebec’s integration of Bill 52.
- Discuss February 2015’s Supreme Court challenge and how it affects the future of hospice palliative and end-of-life care in Canada.

9:00 am – 10:30 am

**TITLE: PALLIATIVE CARE IS “EVERYBODY’S” BUSINESS!**

➢ **Presentation Type:** Challenge Panel – Public Health

**Speaker(s):**

- Denise Marshall
- Kathy Kortes Miller
**Description:** We’ve been hearing a fair bit about the notion that Palliative care is a public health issue, perhaps even a public health crisis. What does “palliative care as public health” really mean? What is the thinking and history of this concept and why now? Is this important for Canada and if so, how and where do we start? Have we in fact, already mobilized in some ways around this? This panel will speak to concepts, international developments and practical, hands on Canadian approaches to Palliative Care as Public Health.

**Learning Objectives:**

- Explore what palliative care as public health really means.
- Discuss whether palliative care as public health is important for Canada and how to implement it.
- Discuss concept, international developments, and practical hands on approaches to palliative care as public health.

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**10:30 am – 12:00 pm**

**BRUNCH SOCIAL and CLOSING OF CONFERENCE**